

the Burlington Elementary School PTA in Longmont.

Mrs. Fox also dedicated much of her life as a local grassroots activist. She served as secretary for House District 52, as well as secretary for Colorado Representative Ron Strahle. Mrs. Fox also served as a Precinct Committee person since 1979 and has been a delegate to Fourth Congressional District and State assemblies.

In addition to her grassroots involvement and volunteerism, Mrs. Fox currently manages the Oak Ridge Federal Government Office Building in Fort Collins. She has also worked as mall manager at The Square and as manager of maintenance at the Market Place, both in Fort Collins.

Beyond her community involvement, it is her love and devotion to her family that is most impressive. April 2006 will mark Sally's 43rd wedding anniversary to her husband, Charles. She is the proud mother of a son and daughter, and a grandmother of three. Mrs. Fox has a special appreciation for family heirlooms. She is especially proud of an African violet given to her by her mother. It has bloomed continuously since her mother's death in 1991.

Mr. Speaker, the grassroots involvement and love of family by women like Mrs. Sally Fox is what makes our country great. I urge my colleagues to join me in recognizing Mrs. Fox and her tremendous contributions to her community.

CONGRATULATIONS TO PAUL R.
BEANE

HON. RANDY NEUGEBAUER

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Thursday, February 16, 2006

Mr. NEUGEBAUER. Mr. Speaker, on February 17, 2006, a legend in Lubbock radio will celebrate 50 years in the broadcasting business. Mr. Paul R. Beane currently serves as general manager and morning radio program host at KRBL, 105.7 FM.

Mr. Beane's long career began in 1956 at KGVL in Greenville, TX, and he has worked in all aspects of radio since that time. Over the years, he has worked at 18 radio and television stations in Texas and Louisiana, spending the majority of time in and around my hometown of Lubbock. He is a familiar face and voice to the people of west Texas and we appreciate his efforts to bring us news, information and entertainment.

Many Lubbock residents have fond memories of Paul's broadcasts. I particularly remember his "News Flash" announcements before giving the news update.

In this day and age of weblogs, podcasts and e-mail updates, it is refreshing to turn on the radio, hear Paul's voice and get the news from a genuine reporter and trusted member of the community.

Mr. Speaker, I would like to congratulate Paul Beane on his 50th anniversary in broadcasting.

CONGRATULATING FARMVILLE
CENTRAL HIGH SCHOOL'S 2005
VARSITY BASEBALL TEAM

HON. WALTER B. JONES

OF NORTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES

Thursday, February 16, 2006

Mr. JONES of North Carolina. Mr. Speaker, though it is now 2006, I want to take the opportunity to recognize, on two separate occasions, two great success stories from my district last year.

One great success story from eastern North Carolina in 2005 is an outstanding athletic achievement from my hometown of Farmville.

Though Farmville Central High School's 2005 boy's varsity baseball team began their season with a rocky start, the Jaguars were able to turn their season around and capture the school's very first State baseball championship.

I am very proud of my hometown team's record and their historic victory in the North Carolina High School Athletic Association State I-A championship in June of 2005.

I wish to congratulate all of the team's coaches and players: Head Coach John Galeazzi; Assistant Coaches Ed Hines and Brian Perry; Statistician Joe Allen; Athletic Director Dixon Sauls; Players: Justin Bagley, Chad Bagley, Brad Bagley, Bill Fisher, Cameron Moore, Robbie Jones, Spencer Albritton, Jonathan Landen, Brandon Cox, Landon Walker, Tommy Cobb, Chris Tomlin, Jordan Corbett, Will Rhem, Mike Dail, Warren Rhem, and Craven Taylor.

Mr. Speaker, I, like many of my colleagues in Congress, have had the fortunate opportunity of playing on a high school State championship team. More than 40 years later, I can still vividly recall in my mind the wonderful memory of the night my high school basketball team at Hargrave Military Academy won the Military League Championship.

I close by once again congratulating the coach and players of the 2005 Farmville Central High School varsity baseball team for their hard work, and for their success in achieving an athletic victory which they will remember with pride for years to come.

COMMEMORATING NATIONAL
HEART MONTH

HON. JUANITA MILLENDER-McDONALD

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Thursday, February 16, 2006

Ms. MILLENDER-McDONALD. Mr. Speaker, heart disease and stroke, the largest threats to women's lives are largely preventable.

Prevention is easy: eating a healthy diet, exercising frequently, refraining from smoking, and maintaining weight, cholesterol and blood pressure are all ways that women can protect themselves against heart disease and stroke which kill 1 in 2.4 women annually.

But most women in the United States do not know that they are at a higher risk for deadly heart attacks, hypertension, and strokes than they are for any other disease.

According to an American Heart Association survey, only 57 percent of American women know that heart disease is the leading killer of

women. The women who have yet to learn of these deadly diseases are the women who are at the greatest risk.

Only 38 percent of African-American women and 42 percent of Latina women know about the dangers posed by heart disease and stroke.

All women need this knowledge. They need to know that they are at risk and they need to know there is a causal connection between the lifestyle choices they make and their personal risk for death by heart disease and stroke.

That is why I am here to announce my firm commitment to National Heart Month and that is why I co-sponsor forward thinking legislation like the HEART for Women Act that will contribute to heightened awareness.

Efforts like National Heart Month, the American Heart Association's "Go Red for Women" initiative, and the National Institutes of Health's "The Heart Truth" awareness campaign all contribute to a greater awareness among women about the dangers posed by heart disease and stroke.

The more women know about how their everyday choices affect their long-term health, the better those choices will be. This information is a part of a national movement that will save women's lives.

We must do our part to ensure that every woman in our communities, especially the ones who are at the greatest risk, is touched by these campaigns. We encourage all women to visit their doctors and talk about the many positive steps they can take towards heart disease prevention.

Knowledge is power and we need to ensure that outreach efforts are made to African-American and Latina communities so that they can share in this power.

National Heart Month is timely, it is necessary, and the information it seeks to impart is a matter of life and death.

HONORING ROBIN BOHANNAN AND
HER LEADERSHIP AT BOULDER
COUNTY AIDS PROJECT

HON. MARK UDALL

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Thursday, February 16, 2006

Mr. UDALL of Colorado. Mr. Speaker, I rise today to recognize and honor Ms. Robin Bohannon, the outgoing executive director of the Boulder County AIDS Project. Ms. Bohannon's career at BCAP is a remarkable example of compassion, public service, and personal dedication.

Ms. Bohannon began her career at the Boulder County AIDS Project in an important and appreciated voluntary role. Still a small organization at this time, BCAP built its foundation on the strength of volunteers just like her. As she spent more time volunteering, Ms. Bohannon became an indispensable part of BCAP and was able to take a full-time paid position as a case manager in 1991.

In the early 1980s and even into the 1990s HIV/AIDS was not only a burgeoning health crisis, it was a defining issue of social conscience. Workplace and housing discrimination, severe social stigma, and public ignorance merged with a terrible and often baffling array of medical challenges to create terrible